



Squad Criteria

Squad	Physical Criteria	Attendance	Attitude	Exit Criteria
Development	A good technical ability Starts Turns and finishes are legal	Coach discretion	Happy and loving swimming	Leaver or moves up Code of Conduct violations
Junior Potential <i>Pre-County</i> LTAD Learn to Train	<ol style="list-style-type: none"> 10 x 50 Fr @2.00 holding <1.15 5 minute kick test - minimum 6 lengths Technical ability and turns good enough for L3 	Coach discretion	Happy and loving swimming	Leaver or moves up Code of Conduct violations
Youth Potential <i>County</i> LTAD Learn to Train	<ol style="list-style-type: none"> 10 x 100 Fr @2.00 holding <2.20 200 kick test <5.00 Technically all strokes and turns are WA approved including mastery of Bk to Br touch turn Majority of 50s and 100s on rankings Aiming to achieve county times. 	4 of 7 Coach discretion	Becoming aware of the attitude of competitive swimmers AAA	Leaver or moves up Code of Conduct violations



<p>Competitive B <i>Regional Age Group</i> LTAD Train to Train</p>	<ol style="list-style-type: none"> 10 x 100 Fr @2.00 holding <1.30 200m kick test <4.00 100/200 Fly time on rankings 200 IM <3.08 400 Time on rankings 400 Fr <5.45 Technically all strokes and turns are WA approved including mastery of Bk to Br Flip turn Multiple county qualifying times LC Regional consideration times 	6 of 9 Coach discretion	Always ready to learn and get on. AAA and FPP	Leaver or moves up Code of Conduct violations
<p>Competitive A <i>Regional Open / Home Nations</i> LTAD Learn to Compete/Win</p>	<ol style="list-style-type: none"> 20 x 100 Fr @1.50 girls <1.25 boys <1.20 200m kick test <3.20 200 IM <2.45 LC Regional Consideration Times OW National qualifier Within 5% of LC Regional Consideration Times Technically all strokes and turns are WA approved including mastery of Bk to Br Crossover turn 	7 of 9 Coach discretion	Always on time and ready. AAA and many attributes of FPP	Leaver or moves up Code of Conduct violations
<p>Elite <i>English / British / EJ</i> LTAD Learn to Compete/Win</p>	<ol style="list-style-type: none"> 20 x 100 Fr @1.45 girls <1.20 boys <1.15 200m kick test <3.20 Top 50 Rankings LC/SC Expected to be Top 50 Rankings LC/SC within move window British / English qualifier 	8 of 9 Coach discretion	FPP and GBS attributes	Leaver or moves up Code of Conduct violations



	6. Technically all strokes and turns are WA approved including mastery of Bk to Br Crossover turn			
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