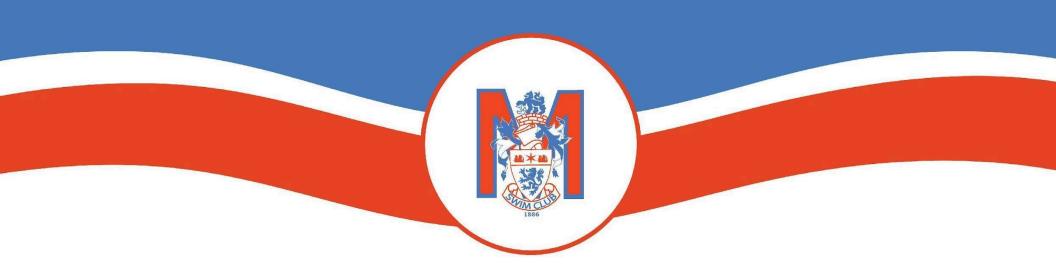


Squad Criteria

| Squad | Physical Criteria | Attenda nce | Attitude | Exit Criteria |
|---|--|-------------------------------|---|--|
| Development | A good technical ability Starts Turns and finishes are legal | Coach discretion | Happy and loving swimming | Leaver or moves up Code of Conduct violations |
| Junior Potential Pre-County LTAD Learn to Train | 1. 10 x 50 Fr @2.00 holding<1.15 2. 5 minute kick test - minimum 6 lengths 3. Technical ability and turns good enough for L3 | Coach discretion | Happy and loving swimming | Leaver or moves up Code of Conduct violations |
| Youth Potential County LTAD Learn to Train | 1. 10 x 100 Fr @2.00 holding <2.20 2. 200 kick test <5.00 3. Technically all strokes and turns are WA approved including mastery of Bk to Br touch turn 4. Majority of 50s and 100s on rankings 5. Aiming to achieve county times. | 4 of 7 Coach discretion | Becoming aware of the attitude of competitive swimmers AAA | Leaver or moves up Code of Conduct violations |



| Competitive B Regional Age Group LTAD Train to Train | 1. 10 x 100 Fr @2.00 holding <1.30 2. 200m kick test <4.00 3. 100/200 Fly time on rankings 4. 200 IM <3.08 5. 400 Time on rankings 6. 400 Fr <5.45 7. Technically all strokes and turns are WA approved including mastery of Bk to Br Flip turn 8. Multiple county qualifying times 9. LC Regional consideration times | 6 of 9 Coach discretion | Always ready to learn and get on. AAA and FPP | Leaver or moves up Code of Conduct violations |
|--|--|-------------------------------|--|--|
| Competitive A Regional Open / Home Nations LTAD Learn to Compete/Win | 20 x 100 Fr @1.50 girls <1.25 boys <1.20 200m kick test <3.20 200 IM <2.45 LC Regional Consideration Times OW National qualifier Within 5% of LC Regional Consideration Times Technically all strokes and turns are WA approved including mastery of Bk to Br Crossover turn | 7 of 9 Coach discretion | Always on time and ready. AAA and many attributes of FPP | Leaver or moves up Code of Conduct violations |
| Elite English / British / EJ LTAD Learn to Compete/Win | 20 x 100 Fr @1.45 girls <1.20 boys <1.15 200m kick test <3.20 Top 50 Rankings LC/SC Expected to be Top 50 Rankings LC/SC within move window British / English qualifier | 8 of 9 Coach discretion | FPP and GBS attributes | Leaver or moves up Code of Conduct violations |

