



## Derby Excel 2024

A team of 22 MASC swimmers from Comp B, Comp A and Elite squads attended the Derby Excel meet at Ponds Forge in Sheffield on the 6-7<sup>th</sup> April 2024. All swimmers showed the highest level of professionalism ensuring that they completed pre-pool work giving themselves the best opportunity to perform at the highest level. All swimmers showed great determination despite unusually cold water temperatures at Ponds Forge.



**Gold**

<b>Rebecca Keetley</b>	400IM, 50 Breast	2
<b>Adam Shipley</b>	100 Fly, 100 Breast, 400IM, 50 Free, 200 Fly, 200 Breast, 50 Breast, 50 Fly	8
<b>Robert Shipley</b>	100 Fly, 200 Fly	2
<b>Jake Reddivari</b>	200 Free, 200IM, 400 Free	3
<b>Joe Dumphy-Brook</b>	50 Back, 100 Back, 100 Free	3
<b>Thomas McDermott</b>	50 Back	1
<b>Edward Redshaw</b>	400IM	1
<b>Lydia Shipley</b>	200 Fly	1
<b>Ethan Reddivari</b>	200 Fly	1
<b>Oliver Smith</b>	200 Fly	1



**Silver**

<b>Lydia Shipley</b>	400IM, 100Fly, 50 Free, 200IM	4
<b>Joe Dumphy-Brook</b>	100 Fly, 50 Free, 50 Breast, 50 Fly	4
<b>Jake Reddivari</b>	100 Breast, 200 IM, 100 Back	3
<b>Ryan Mills</b>	100 Breast	1
<b>Jacob Nixon</b>	400IM, 200IM	2
<b>Rebecca Keetley</b>	100 Breast	1
<b>Isabella Montague</b>	100 Back	1
<b>Ethan Reddivari</b>	400 Free	1
<b>Robert Shipley</b>	50 Fly	1



**Bronze**

<b>Katie Pink</b>	400IM	1
<b>Jake Reddivari</b>	200 Back, 50 Free, 50 Fly	3
<b>Sydney Dearlove</b>	200 Back	1
<b>Finn Ripley</b>	200 Free, 400 Free	2
<b>Lydia Shipley</b>	200 Free	1
<b>Isabella Montague</b>	50 Back	1
<b>Robert Shipley</b>	50 Free, 200IM	2
<b>Katie Pink</b>	200 Fly	1
<b>Charlotte Bashford</b>	200 Breast	1
<b>Ethan Reddivari</b>	100 Breast, 200 Breast	1
<b>Jacob Nixon</b>	50 Breast	1

### **Derby Excel additional awards**

MASC swimmers achieved second place in the top club category. A huge achievement with big clubs in attendance. Well done to the following swimmers who achieved the following top individual awards at the weekend based on accumulation of Fina points.

<b>Jake Reddivari</b>	1 <sup>st</sup> for age 10/11 open male
<b>Adam Shipley</b>	2 <sup>nd</sup> for age 10/11 open male
<b>Lydia Shipley</b>	1 <sup>st</sup> for age 13 female
<b>Robert Shipley</b>	2 <sup>nd</sup> for age 14 open/male
<b>Rebecca Keetley</b>	2 <sup>nd</sup> for 17 and over female



## **New Club Records**

Huge congratulations to Adam Shipley who broke the following 10yr old club records.

<b>200 Fly</b>	2.43.86
<b>100 Fly</b>	1.13.18
<b>400IM</b>	5.50.02

## **British and English National qualifiers**

Entry to the key, end-of-season events is by invitation only from Aquatics GB from long-course performances recorded in the designated qualifying window which runs from 8 March – 12 May for the top 50 swimmers. Due to their performance the following swimmers have managed to achieve a qualification time.

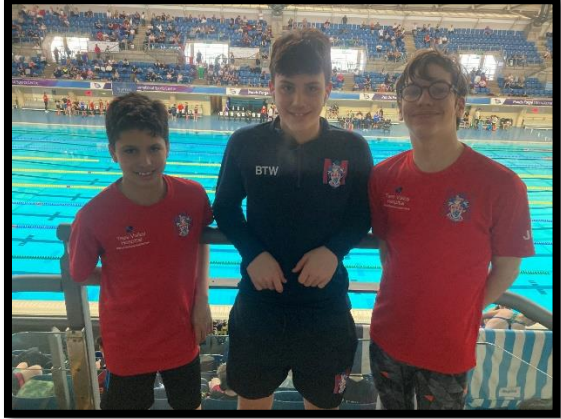
### **Open/Male**

Robert Shipley  
Ethan Reddivari  
Will Hewitt  
Edward Redshaw  
Ollie Smith  
Ryan Mills  
Finn Ripley  
Thomas McDermott

### **Female**

Lydia Shipley  
Sydney Dearlove  
Charlotte Bashford  
Isobel Daley  
Katie Pink  
Isabella Montague

Congratulations and special mention to Rebecca Keetley who broke 5 of her PB's and has also qualified for Nationals and will be representing Cambridge due to her dual club registration.









We always want to celebrate our swimmers. If you have any photographs which you are happy to share, then please email them to [communications@middlesbroughasc.org.uk](mailto:communications@middlesbroughasc.org.uk).