



# MASC Newsletter

Aug- 2024

## Welcome

To our second newsletter, and an end of 23/24 season special giving you a roundup of all the events MASC have attended, in and out of the pool. What a season, Northwest Division One Arena Junior Swimming League winners, Age 10-14 Tom Randall Trophy winners, Diddy league 11year old age group category winners along with record numbers of swimmers competing in N&D, NER's, Open water, British and Nationals!

We hope you have a wonderful summer break and look forward to seeing you all at the MASC summer social and presentation evening on Saturday 31<sup>st</sup> August at the Dormas Club.

If you have any ideas or even fancy being a budding journalist, then please feel free to contact Sarah Sapstead at the following: -

[communications@middlesbroughasc.org](mailto:communications@middlesbroughasc.org).

## A word from the Head Coach

As we are close to the end of another fantastic swimming season, I wanted to take a moment to congratulate every one of you on your incredible achievements this year. Your dedication, hard work, and passion for swimming have been truly inspiring, and I am incredibly proud of all the progress we have all made as a team.

This season was filled with many great moments, from personal bests to great team experience at all competitions.

Your commitment the club support has created a great, friendly environment where everyone can progress and succeed. Whether someone just starting their swimming journey or represent the club following a mid-season move your contributions were priceless to our club's success.

As we head into the summer break, I hope you take this time to relax, recharge, and enjoy time with family and friends. It's important to take a step back and appreciate all the hard work you have put in over the season, as we look forward to an even more exciting season ahead.

Thank you for making this season so special. Your enthusiasm makes our club a fantastic place to be, and I am grateful to have you all on board.

## Dates for your diary



- MASC Summer break 5<sup>th</sup> – 27<sup>th</sup> Aug 2024
- Academy & master's back to pool - Wed 21<sup>st</sup> Aug
- Remaining squads back to pool – Tues 27<sup>th</sup> Aug
- Land training from 2<sup>nd</sup> Sept.
- MASC Social & Presentation Night 31<sup>st</sup> Aug 2024
- Billingham Back to pool 21<sup>st</sup> - 22<sup>nd</sup> Sept 24
- MASC Halloween Gala 19<sup>th</sup> - 20<sup>th</sup> October 2024
- SC NER 2<sup>nd</sup> - 3<sup>rd</sup> November 2024
- Tynemouth L3 23<sup>rd</sup> -24<sup>th</sup> November 2024
- MASC Christmas Gala 14<sup>th</sup> -15<sup>th</sup> December 2024
- MASC Christmas Social 21<sup>st</sup> December 24
- Sunderland NY Meet - 17<sup>th</sup>-19<sup>th</sup> Jan 25
- N&D Weekend One -31<sup>st</sup> Jan – 2<sup>nd</sup> Feb 25
- N&D Weekend Two – 15<sup>th</sup> – 16 Feb 25

Have a fantastic summer break, and I cannot wait to see you all back in the pool soon, ready to take for challenges and taking swimming as far as possible.

*Marcin Paszek*



## **MASC at British Summer Champs**



**Aquatics GB**



With Olympic fever well and truly in the air and coverage of Paris 2024 now in full swing our future Olympians have had an amazing couple of weeks competing at the Aquatic GB Summer meets.

The Summer meets forms part of a swimming competition structure in Great Britain whereby the top ranked 25 swimmers in each event are invited to compete at the British Swimming Summer Championships. The next ranked swimmers at Swim England affiliated clubs – or those who have chosen to be ranked as an English swimmer – are invited to compete at the Nationals. The rankings are on swimmers' performances at level 1 meets between a qualification window, typically between March and May of the same calendar year.

First up was the British Summer Champs on the 20<sup>th</sup> of July – 26<sup>th</sup> July at Ponds Forge in Sheffield. This was the 4<sup>th</sup> time qualifying for this event for Thomas McDermott and 2<sup>nd</sup> time qualifying for Ryan Mills. MASC had some amazing swimming from Sydney Dearlove, Robert Shipley and Lydia Shipley who all achieved new PB's. Lydia broke the MASC club record in 200 fly twice in one day which was held by Chloe Wilmott since June 2007 which was 02.28.08 with Lydia setting the new club record in the 200 fly for MASC as 2.25.81. This also made her the fastest 13yr old in Britain!!

### **Day One: -**

Will Hewitt - 1500 free. Finishing 18<sup>th</sup> in the 15yr age group.

### **Day two: -**

Lydia Shipley - 400 free - 12<sup>th</sup> 13/14 age group and a new PB

Ryan Mills - 100 breast – 19<sup>th</sup> 16yr age group.

Thomas McDermott - 50 back – 23<sup>rd</sup> 18+ age group

Rebecca Keetley - 50 Breast – 22 18+ age group swimming for City of Cambridge.

### **Day Three: -**

Ollie Smith 200 Fly - 14<sup>th</sup> 16yr age group

Will Hewitt 200 Fly - 15<sup>th</sup> 15yr age group

Sydney Dearlove - 100 back - 13<sup>th</sup> 15yr age group with a new PB

Robert Shipley - 100 back - 24<sup>th</sup> 13/14 age group

Will Hewitt - 800 free - 17<sup>th</sup> 15yr age group.

Robert Shipley - 200 Fly - 10<sup>th</sup> in the heats and making the final finishing an impressive 7<sup>th</sup> in the Britain!

#### **Day Four**

Robert Shipley - 400IM – 21<sup>st</sup> 13/14 age group

Lydia Shipley - 200 Fly 13/14 age group. 6<sup>th</sup> in the heats and making the final with an official 6<sup>th</sup> place but Lydia was fastest 13yr old in Britain.

#### **Day Five**

Ryan Mills - 200 breast - 24<sup>th</sup> 16yr age group.

Robert Shipley -100 fly - 10<sup>th</sup> in the heats and finals.

Ollie Smith - 100 fly – 26<sup>th</sup> 16yr age group.

#### **Day Six**

Lydia Shipley - 400IM - 12<sup>th</sup> 13/14 age group, but an impressive 2<sup>nd</sup> in the 13-age group.

Robert Shipley - 200IM - 24<sup>th</sup> 13/14 age group finishing a position higher than he qualified for.

Sydney Dearlove - 50 back – 12<sup>th</sup> 15 age group

#### **Day Seven**

Rebecca Keetley - 200 Breast - 17<sup>th</sup> 18+ age group swimming for City of Cambridge.

Lydia Shipley 100 Fly – 12<sup>th</sup> 13/14 age group.

#### **Day Eight**

The final day saw our team of 14/16yr old boys compete in the 400-medley team event. The team was made up of the following swimmers: -

Ollie Smith – Fly

Edward Redshaw Back

Ryan Mills – Breast

Owen Reed – Free

The boys swam an incredible race missing the final by 0.11 of a second!

MASC are incredibly proud of all of you to qualify is a huge achievement and this was the biggest team we have ever taken to British.



14 MASC swimmers from Elite and Comp A have worked hard to qualify for their spot at national qualifiers which took place between 29<sup>th</sup> July – 3<sup>rd</sup> Aug at Ponds Forge in Sheffield. The hard work which has gone in to achieving qualification cannot be underestimated and once again we are so proud to have this group of young swimmers represent MASC For some this was their first time competing. We have had some fantastic swimming and PB's this week.

## Medals

2 🏆 1 🥈 0 🏆

Lydia Shipley swam a new PB not once but twice in the same day in the 200 free. Lydia broke the MASC club record which was held by Holly Brettle in 2006 which was 02.13.79 with Lydia setting the new club record of 2.11.92.

Lydia also secured the gold medal for the 800 free and 200IM in the 13yr age category, Well done to Lydia!

Rebecca Keetley who is a dual club member with City of Cambridge and MASC had an amazing PB in her 100 breast and achieved a silver medal and broke the MASC club record which was held by Chloe Coates in 2012 which was 1.13.70 with Rebecca setting the new record of 1.13.06.

Owen Reed secured a place in the 16yr old final in the 400 free and achieved a huge 6 second PB, well done.

Head Coach Marcin Paszek said "Well done boys team MASC, thank you to all of MASC for the support you have shown all our swimmers. If anyone would tell me how strong our team will be this year I would not believe. MASC is back on the swimming map and that has been noticed by all NE swimming clubs."

## Day One

Edward Redshaw - 400IM – 19<sup>th</sup> 16yr age group

Lydia Shipley 200 Free - 3<sup>rd</sup> in the heat making the final with an overall 6<sup>th</sup> position 13yr age group.

Rebecca Keetley 100 breast – 1<sup>st</sup> in the heat making the final with an overall 2<sup>nd</sup> position 18+ age group swimming for City of Cambridge.

## Day Two

Owen Reed - 400 Free - 10<sup>th</sup> place in the heat with an overall 10<sup>th</sup> in the final 16yr age group.

Will Hewitt - 400 Free - 21<sup>st</sup> 15yr age group

Finn Ripley - 400 Free - 18<sup>th</sup> 17yr age group

Charlotte Bashford - 200 Breast 24<sup>th</sup> 16yr age group.

Ethan Reddivari - 100 Fly 26<sup>th</sup> 13yr age group.

Will Hewitt - 100 Fly 16<sup>th</sup> 15yr age group.

Lydia Shipley - 800 Free -1<sup>st</sup> 13yr age group.

## Day Three

Edward Redshaw - 50 back 21<sup>st</sup> 16yr age group.

Isabella Montague - 50 back 11<sup>th</sup> 18+ age group

Lydia Shipley - 200IM – 3<sup>rd</sup> in the heat and 1<sup>st</sup> place in final 13yr age group.

## Day Four

Ethan Reddivari – 200 fly 21st 13yr age group

Edward Redshaw – 200 fly 20<sup>th</sup> 16yr age group

Katie Pink – 200 Fly 9<sup>th</sup> in the heat with an overall 5<sup>th</sup> in the final 17yr age group

Ella Proud – 200 Fly 26<sup>th</sup> 17yr age group

Isabelle Montague – 50 Breast 21<sup>st</sup> in 18+ age group

Sydney Dearlove – 200 Back 29<sup>th</sup> in 14/15 age group.

Thomas McDermott – 100 Back 15<sup>th</sup> in 18+ age group

Edward Redshaw – 100 Back 16<sup>th</sup> in 16yr age group.

Lydia Shipley – 100 Freestyle 4<sup>th</sup> in the heat with an overall 5<sup>th</sup> 13yr age group

## Day Five

Edward Redshaw – 200 Back 16<sup>th</sup> in 16yr age group

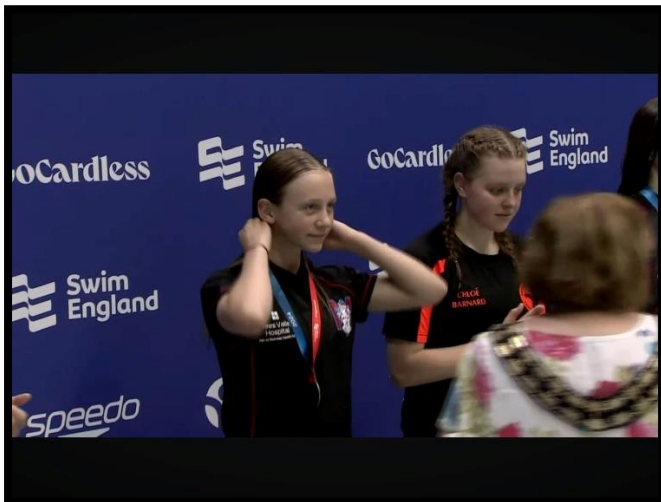
Thomas McDermott - 50 Fly 23<sup>rd</sup> in 18+ age group.

Owen Reed - 200 Free 11<sup>th</sup> in 16yr age group

Finn Ripley - 200 free 12<sup>th</sup> in 17yr age group

Katie Pink - 400IM 16<sup>th</sup> in 17yr age group

Rebecca Keetley - 400IM 17<sup>th</sup> 18+ age group swimming for City of Cambridge.



Lydia Shipley collecting gold medal for 800 Free.



Rebecca Keetley with her silver medal for 50 breast.



## A word from the Chairman

As the 2023/24 season ends, I wanted to let you know how immensely proud I am of each one of you, for all the hard work, commitment, and dedication you have shown over this year. We have seen great success both as a Club, and as individuals, achieved trophies and ranked highly, and that is all down to the hard work and commitment from both our swimmers and all the various supporters across the Club.

A big thank you goes to our Coaching team, who have continued to grow and develop over this last season. We have been sad to see some of our longstanding coaches leave, however this is mixed with excitement as we welcome new faces. We look forward to continuing to offer our swimmers the very best in knowledge and guidance.

My last thanks and the most important goes to all our amazing supporters, volunteers, and officials. These unsung heroes of the Club are the people that make it all happen. They deal with the unseen dramas, fix the ancient equipment, and keep things going. So, thank you for all your hard work this year, your long hours of commitment and dedication and the work that you do every day to keep everything running.

2024/25 is just around the corner, and I know that the Club will continue to grow and develop. In the meantime, I wish all of you a happy summer break, filled with lots of rest and fun, and fingers crossed, the sun might even shine.

*Simon*



MASC is already a supporter of the Middlesbrough food bank. We are grateful for all your donations, and we will continue to collect for the food bank at all home galas for in the 24/25 season.

We are however after suggestions for another local charity we can support. If you have something in mind, please email the club secretary: -

**secretary@middlesbroughasc.org.uk**

*Charity of the  
Year*







# Swimmer of the Month



Well, done to the following swimmers who received swimmer of the month awards in the last quarter.

Our swimmer of the month award is for swimmers in development and above. The award is given by the squad coach to any swimmer who the coach feels has shown great strength and commitment to their swimming. Well done to all who have achieved this accolade in the last quarter.

## **Development:**

Libby Pollock  
Maisie Hall  
George Balmer

## **JP:**

Ryan Fox  
Ethan Pinder  
Daniel Rennie

## **YP:**

Ethan Paylor & Blossom  
Dunning  
Robyn Pollock  
Harvey Watson

## **Comp B:**

Dylan Mills  
Orin Connolly  
Molly Speak

## **Comp A:**

Ethan Reddivari  
Jacob Nixon  
Daisy Dunning

## **Elite:**

Ollie Smith  
Robert Shipley

## **Active:**

Vinh Han  
Mia Crocker & Phoebe  
Watton  
Ethan Hall



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# Helmsley Aquathlons 2024

**RACE 1 - Tuesday 30th July**  
**RACE 2 - Tuesday 6th August**  
**RACE 3 - Tuesday 13th August**

## Swim & Run







**Choose Your Challenge and Go for it!**

**Heated 26 Degrees**

**CHALLENGES:** Length = 25m Lap = 500m

Platinum	Gold	Silver	Bronze	Splash & Dash
				
20 lengths swim 5 lap run	16 lengths swim 4 lap run	12 lengths swim 3 lap run	8 lengths swim 2 lap run	4 lengths swim 1 lap run

**Online Booking Only**  
[www.helmsleyopenairpool.org](http://www.helmsleyopenairpool.org)  
 Aquathlon Note: Entries close each Sunday prior to each event  
 Date for the diary: Helmsley Triathlon & SwimRun, Sunday August 18th

**PRICES & TIMES:**

Splash & Dash	£4.00
Children	£5.00
Adults	£7.00
Register:	6.00 - 6:45pm

**SUPPORTED BY:**  

Registered Charity No. 1184090



If you are thinking of ways to keep active over the summer break, then why not sign up for one of the Aquathlon challenges which are available at the Helmsley open air pool. They have a mixture of levels to enter from the splash and dash which is 4 lengths of the 25m pool, and a 1 lap run of the 500m field right up to the platinum challenge of 20 lengths and 5 laps of the field. Online booking is available at [www.helmsleyopenairpool.org](http://www.helmsleyopenairpool.org) with the events taking part on the following 6<sup>th</sup> Aug & 13<sup>th</sup> August.

Don't forget if you do end up taking part to email a photograph to: - [communications@middlesbrougha.sc.org.uk](mailto:communications@middlesbrougha.sc.org.uk) you could feature in our next newsletter.

## Diddy League



Huge congratulations to our team of MASC swimmers who took part in the 23/24 diddy league. The league consists of three divisions with MASC competing in division one alongside tough competition from Morpeth, Newcastle swim team, South Tyneside, Tynemouth, and newly promoted B TASC Borrocudas. The first round of

swimming which took place at Stanley saw MASC finish in a respective 3<sup>rd</sup> place. Round 2 at Tynemouth's home pool saw MASC finish in 1<sup>st</sup> place with a 1point difference between 2<sup>nd</sup> place Tynemouth. The final which took place in Billingham saw Tynemouth and Newcastle swim team come back stronger with Tynemouth taking the 2024 title back from the 2023 winners Newcastle swim team and MASC achieving a very respectful 3<sup>rd</sup> place overall. MASC were winners of the 11year old age group category.



## MASC at NE Open Water Regionals



14 MASC swimmers from Comp B and above took part in additional training sessions for open water supported by Michelle and Marcin in readiness to attend the Swim England Northeast Regional open water championships which took place on the 29<sup>th</sup> of June at Sale Water Park in Manchester.

The conditions meant that with a water temperature of 18C meant no wet suits could be worn by any competitor due to how warm it was.

Our 12–13-year-old swimmers swam 2K,

14–15-year-old swimmers swam 3K

16yrs and older swimming 5K.

Lydia S -1st ND 1st NER - 2k  
 Robert S -1st ND 2nd NER -3k  
 Will H - 1st ND 3rd NER -3k  
 Hanna M- 2nd ND 4th NER 3k  
 Ethan R - 2nd ND 3rd NER 2k  
 Jack W- 2nd ND 4th NER 2k  
 Jess C - 2nd ND 2nd NER 2k  
 Poppy A - 3rd ND 3rd NER 2k  
 Shay D - 6th ND 8th NER 2k  
 Austin M- 7th ND 9th NER 2k  
 Gracie-Mae B - 4th ND 5th  
 NER 2k  
 Maia O- 5th ND 6th NER 2k  
 Jacob N -5th ND 7th NER 3k



Official Payments Partner  
**GoCardless** | **Swim England Open Water**

# NATIONAL AGE GROUP CHAMPIONSHIPS

27 July 2024 | Rother Valley Country Park

MASC had 5 swimmers who qualified for a place at Open Water Nationals which took place on 27<sup>th</sup> July 2024 at Rother Valley Country Park in Sheffield only swimmers 13/14 could qualify for nationals.

Lydia Shipley - Age 13 - 3k – 1<sup>st</sup>  
 Jack Waterson - Age 13 -3k – 8<sup>th</sup>  
 Ethan Reddivari - Age 13 - 3k – 9<sup>th</sup>  
 Will Hewitt - Age 15 - 5k – 15<sup>th</sup>  
 Robert Shipley - Age 14 - 5k – 12<sup>th</sup>  
 Hanna Morton - Age 14 - 5k – 24<sup>th</sup>

This was MASC first time taking a team of swimmers to compete in open water and something that the club would like to build on in future. The conditions on the day were sunny with a stiff breeze on the course making this tricky in the closing stages.



Official Payments Partner  
**GoCardless**

**Swim England**  
Open Water

# NATIONAL MASTERS CHAMPIONSHIPS

28 July 2024 | Rother Valley Country Park

We also had our Master swimmers taking part in the National Masters Championships on the 28<sup>th</sup> of July. Well done to the following for competing.

Sarah Taylor - 3K coming in 54<sup>th</sup> but 6<sup>th</sup> in age group.

Helen Godfrey - 2K coming in 49<sup>th</sup> and 6<sup>th</sup> in age group.

Steven Horner - 2K coming in 25<sup>th</sup> and 4<sup>TH</sup> in age group.

Helen G and Steven H also teamed up with master's from Tavistock swimming club for the relay and emerged national champions in the mixed 160-199!



## Masters in Portugal



Congratulations to Helen Godfrey and Steve Horner who attended the European Aquathlon Championships held in Portugal in June. Helen and Steve represented Team GB in their age categories for British Triathlon. The aquathlon consisted of a 1km swim and a 2.5-mile run.

Helen finished her swim in 5<sup>th</sup> position finishing with an overall 9<sup>th</sup> place. "What a brilliant day! I loved that swim the water felt nice and the fastest I have done a Euro swim without the current of Bilbao."

Steve finished his swim again in 5<sup>th</sup> position coming in with a 14<sup>th</sup> place overall.

The duo then went on to complete in the National Aquathlon Championships on Saturday 27<sup>th</sup> July at Barry Island. Sadly, the swim was cancelled due to blue algae and the event turned into a 5k run. Helen secured a silver medal for the female age group F45-49. With Steve securing a bronze medal for the male age group O50-54. We are so proud of the success our Masters swimmers have, many have their own personal targets and goals, and it is so inspiring to see these results!

## Gala Refunds



If you are in the unfortunate event of needing a refund for a rejected entry to a gala, please be patient. The process can take up to 30 days. This is because we must wait for the club holding the gala to refund MASC before refunds can be issued. If it is more than 30 days are you are still not in receipt of your refund then please contact finance at [treasurer@middlesbroughasc.org.uk](mailto:treasurer@middlesbroughasc.org.uk)



**MASC would like to wish the following members a happy birthday for their upcoming celebrations:**

**August:** J Dumphy-Brook, J Dalton, J Dumphy Brook, J Chaytor, J Ayre, L Paramalingam, M Lin, N Leadbitter, P Hickson, S Carberry, V Han

## Amazing swimmers outside the pool ...

Toma Saha in Elite was recently invited to Buckingham Palace to collect his gold Duke of Edinburgh award. Toma has been volunteering as an aquatic helper with our younger academy swimmers and swam to achieve this as 2 of the pillars needed to support the work he has done to achieve this award.



Olivia Green from Comp A travelled to America to take part in the Summit World Championships in Cheer held in Orlando Florida. Olivia's cheer team called Limitless All Stars Neptune were one of 54 teams at level 3 to compete from all over the world. Out of 150 UK teams only 2 were given bids to attend the Summit event. There are 7 levels in cheer and for those U16 level 3 is the highest you can compete at Summit. Well done to Olivia and all her team what a wonderful opportunity to be part of.



Well done to Ethan Reddivarl from Comp A who won the Independent School Association National Essay writing competition. Ethan competed against hundreds of youngsters from across the UK to win. His essay focussed on the heartbreaking story of a young boy enduring the devastation of war in Ukraine which was powerful and moving.







Jess Ayre from YP completed a 5K sponsored swimathon. Jess swam her 5K in 1hr and 30mins as part of the challenge and raised money for cancer research. Well done Jess!



Eva Loughran represented her school at Middlesbrough Sports village in athletics. Eva was part of the 400-meter girls relay and got Gold. Well done, Eva!

Blossom Dunning from YP has competed in both the NEYDL track and field league meets and cross country events representing Middlesbrough Mandale. In May she also competed in the Track and Field North East championships reaching the finals in both the U13 girls 200m and 800m.

She represented her school at the NPCAT schools athletics event and won gold in the 600m.

In addition as part of her school trust Blossom was awarded the Year 6 sporting star of the year award. Fantastic achievement Blossom well done!



Our annual sponsored walk took place during a very unseasonable wet and windy day in May half term where a group of MASC swimmers and families completed walked up to Roseberry topping and then across to Captain Cook Monument. Well done to all who took part and thank you for raising £364.00 Sponsorship money which has helped subsidise our club championships.



## **City of Sunderland Splash July 2024**

47 MASC swimmers from our development to Comp A squads attended the Sunderland summer splash on the 6<sup>th</sup>-7<sup>th</sup> July.

This was a long course level 3 gala held at the Sunderland Aquatic centre. This gala gave our more inexperienced swimmers the opportunity to race competitively in an Olympic size pool for the first time. Well done to all who attended. The difference to swimming in a 50m pool to a 25m pool is huge and often underestimated. To be near a personal best time is impressive and to beat it is fantastic. Well done to those swimmers who achieved this but also to those that managed that feeling of disappointment as when the time achieved was not what they were hoping for. We would also like to thank the staff and volunteers from the City of Sunderland swimming club for putting on this gala and of course our own team managers and coaches for the support they offered all swimmers.



**Gold**

<b>Sebastian Dalby</b>	200 Fly
<b>Jessica Ayre</b>	200 Fly, 100 Fly
<b>Poppy Ayre</b>	200 Fly
<b>Benjamin Wright</b>	200 Back, 200 Breast
<b>Jake Reddivari</b>	100 Breast, 100 Free
<b>Austin McKenna</b>	100 Breast, 200 Free, 100 Back, 200 Back, 100 Free, 50 Fly
<b>Daisy Dunning</b>	100 Free, 50 Back
<b>Casey Cook</b>	50 Free
<b>Joe Dumphy-Brook</b>	200 Free, 200 Back
<b>Jessica Chaytor</b>	200IM
<b>Olivia Green</b>	200 Fly
<b>Ethan Reddivari</b>	200 Fly
<b>Jacob Redding</b>	100 Breast, 50 Breast
<b>Adam Shipley</b>	50 Back
<b>Archie Murgatroyd</b>	50 Back
<b>Sophie Carberry</b>	100 Fly
<b>Jack Watterson</b>	100 Fly



**Silver**

<b>Jacob Nixon</b>	100 Fly
<b>Jake Reddivari</b>	100 Back, 50 Breast, 50 Back
<b>Samuel Davies</b>	50 Breast, 200 Breast
<b>Joe Dumphy-Brook</b>	50 Breast, 200IM
<b>Austin McKenna</b>	200IM, 50 Back, 100 Fly
<b>Johanna Morton</b>	200 Fly
<b>Stanley Dawson</b>	200 Fly
<b>Adam Shipley</b>	200 Back

<b>William Proud</b>	200 Back
<b>Jesscia Chaytor</b>	50 Back
<b>Daisy Dunning</b>	100 Back
<b>Jessica Ayre</b>	50 Fly



<b>Jacob Nixon</b>	200IM
<b>Matilda Clarke</b>	200 Fly
<b>Jacob Redding</b>	200 Back
<b>Natasha Rice</b>	200 Back
<b>Samuel Davies</b>	100 Breast, 100 Back
<b>Jake Reddivari</b>	200 Free, 200IM
<b>Ethan Reddivari</b>	100 Fly
<b>Aditi Prasad</b>	100 Fly
<b>Casey Cook</b>	100 Back, 100 Free, 50 Back
<b>Jessica Chaytor</b>	100 Back
<b>Matilda Clarke</b>	50 Breast
<b>William Proud</b>	200 Breast
<b>Daisy Dunning</b>	200 Free
<b>Benjamin Wright</b>	200 Free, 100 Back
<b>Jack Watterson</b>	50 Fly
<b>Eva Loughran</b>	100 Fly

28 🏆 18 🏆 21 🏆





PIC • COLLAGE

Well done to all swimmers!



# Club Champs 2024



Our annual club champs took place on Sunday 14 July. This is always such a special event where we can come together as a club. We had swimmers from Academy up to Masters competing in all events. With the special parent's relay race and coach race.

Our head coach summed up Club champs perfectly by saying "The club champs are not just about winning but about celebrating our passion for swimming and bringing our members together. I want to express my thanks to all our members and volunteers for your incredible support at our club championships.

Your enthusiasm, support and participation made this event special and, and I just hope that everyone enjoyed the day as much as I did!!!

I want to give a big shoutout to all the parents and coaches who helped make our club championships amazing and special. Competing alongside our swimmers, set a great example and added friendly and competitive atmosphere to the event!

Thank you all for your unwavering support and commitment to our club. We look forward to many more successful events together in the future.



**Gold**

<b>Alex Law</b>	50 Free, 50 Back, 100IM, 50 Fly, 50 Breast
<b>Robyn Pollock</b>	50 Free, 50 Back, 100IM, 50 Fly, 50 Breast
<b>Jessica Chaytor</b>	50 Free, 50 Back, 100IM, 50 Fly
<b>Samuel Davies</b>	50 Free, 50 Back, 100IM, 50 Fly, 50 Breast
<b>Adam Shipley</b>	50 Free, 100IM, 50 Fly, 50 Breast
<b>Jake Reddivari</b>	50 Free, 50 Back, 100IM, 50 Fly, 50 Breast
<b>Libby Pollock</b>	25 Free, 25 Back, 25 Fly, 25 Breast
<b>Jake Dumphy-Brook</b>	25 Free, 25 Back, 25 Fly, 25 Breast
<b>Lydia Shipley</b>	100 Free, 100 Fly, 800 Free
<b>Daisy Dunning</b>	100 Free, 100 Back
<b>Johanna Morton</b>	100 Free, 200IM, 1500 Free
<b>Isabella Montague</b>	100 Free, 200IM, 100 Breast
<b>Austin McKenna</b>	100 Free, 100 Breast, 800 Free
<b>Benjamin Wright</b>	100 Free, 100 Back
<b>Robert Shipley</b>	100 Free, 100 Back, 100 Fly
<b>Finn Ripley</b>	100 Free
<b>Joe Dumphy- Brook</b>	50 Back
<b>Jessica Young</b>	100 Back
<b>Sydney Dearlove</b>	100 Back
<b>William Proud</b>	100 Back, 200IM, 1500 Free
<b>Thomas McDermott</b>	100 Back, 100 Fly
<b>Poppy Ayre</b>	100IM
<b>Gracie-Mae Blake</b>	100IM, 800 Free

<b>Jacob Redding</b>	200IM, 100 Breast
<b>Ethan Hall</b>	200IM, 100 Breast
<b>Ryan Mills</b>	200IM
<b>Pearl Lightwood</b>	100 Fly
<b>Jack Watterson</b>	100 Fly
<b>Shay Downey</b>	100 Fly, 800 Free
<b>Ananya Prasad</b>	100 Breast
<b>Blossom Dunning</b>	50 Breast, 1500 Free
<b>Owen Reed</b>	100 Breast
<b>Ethan Paylor</b>	800 Free
<b>Matilda Clarke</b>	800 Free
<b>Katie Pink</b>	800 Free
<b>Jacob Nixon</b>	1500 Free
<b>Edward Redshaw</b>	1500 Free



<b>Eliza Greenslade</b>	50 Free
<b>Sophie Carberry</b>	50 Free, 50 Back, 100IM, 50 Fly, 50 Breast
<b>Blossom Dunning</b>	50 Free
<b>George Balmer</b>	50 Free, 50 Back, 100IM, 50 Fly, 50 Breast
<b>Joe Dumphy- Brook</b>	50 Free, 100IM, 50 Fly, 50 Breast
<b>Josh Reddivari</b>	50 Free
<b>Jessica Dumphy-Brook</b>	25 Free, 25 Back, 25 Fly, 25 Breast
<b>Joseph Law</b>	25 Free, 25 Back, 25 Fly, 25 Breast
<b>Jessica Young</b>	100 Free, 800 Free
<b>Gracie-Mae Blake</b>	100 Free
<b>Sydney Dearlove</b>	100 Free, 200IM
<b>Jack Waterson</b>	100 Free, 800 Free
<b>Jacob Redding</b>	100 Free
<b>Thomas McDermott</b>	100 Free
<b>Bethany Dalton</b>	50 Back, 50 Fly, 50 Breast
<b>Matilda Clarke</b>	50 Back
<b>Adam Shipley</b>	50 Back
<b>William Sapstead</b>	50 Back, 100IM, 50 Breast
<b>Amelia Rogers</b>	100 Back, 200IM, 100 Breast
<b>Pearl Lightwood</b>	100 Back, 800 Free
<b>Austin McKenna</b>	100 Back, 100 Fly
<b>Ethan Reddivari</b>	100 Back
<b>Edward Redshaw</b>	100 Back
<b>Poppy Hickson</b>	100IM
<b>Jessica Ayre</b>	100IM, 50 Fly
<b>Daisy Dunning</b>	200IM
<b>Edward Proud</b>	200IM
<b>Jacob Nixon</b>	200IM
<b>Ollie Smith</b>	200IM, 100 Fly

<b>Ethan Paylor</b>	50 Fly
<b>Ananya Prasad</b>	100 Fly
<b>Ella Proud</b>	100 Fly
<b>Jacob Redding</b>	100 Fly
<b>Ethan Hall</b>	100 Fly
<b>Jessica Chaytor</b>	50 Breast
<b>Isobel Daley</b>	100 Breast
<b>William Proud</b>	100 Breast
<b>Ben Wright</b>	100 Breast
<b>Lewis McDermott</b>	100 Breast
<b>Harvey Watson</b>	800 Free
<b>Owen Reed</b>	1500 Free



<b>Bethany Dalton</b>	50 Free
<b>Eva Loughran</b>	50 Free, 50 Back, 100IM, 50 Fly
<b>Jessica Ayre</b>	50 Free, 50 Back
<b>Casey Cook</b>	50 Free, 50 Back, 100IM, 50 Fly, 50 Breast
<b>Ethan Paylor</b>	50 Free, 100IM, 50 Breast
<b>Isla Proud</b>	25 Free
<b>Poppy Ayre</b>	100 Free, 800 Free
<b>Pearl Lightwood</b>	100 Free
<b>William Proud</b>	100 Free, 100 Fly
<b>Shay Downey</b>	100 Free
<b>Toma Saha</b>	100 Free
<b>Eliza Greenslade</b>	50 Back
<b>Noah Johnston</b>	50 Back, 50 Fly
<b>Harvey Watson</b>	50 Back
<b>Emily Turnbull</b>	25 Back
<b>Ananya Prasad</b>	100 Back
<b>Olivia Green</b>	100 Back, 100 Fly
<b>Jack Waterson</b>	100 Back, 100 Breast
<b>Will Hewitt</b>	100 Back, 100 Breast
<b>Blossom Dunning</b>	100IM
<b>Charlotte Bashford</b>	200IM, 100 Breast
<b>Sebastian Dalby</b>	200IM
<b>Ethan Reddivari</b>	200IM, 100 Fly
<b>Finn Ripley</b>	200IM, 100 Fly
<b>Poppy Hickson</b>	50 Fly, 50 Breast
<b>Matilda Clarke</b>	50 Fly, 50 Breast
<b>William Sapstead</b>	50 Fly
<b>Heleyna McKenna</b>	50 Breast
<b>Lewis McDermott</b>	100 Breast
<b>Edward Proud</b>	800 Free
<b>Ella Proud</b>	800 Free

## Parents Race Results



Dean & Austin McKenna



Jacob Nixon and Chris Galloway



Gareth & Samuel Davies

## Coaches Race Results



Aleah Dixon



Marcin Pasek



Natalie Shipley







# Good Luck

Finally, as the season comes to an end, we would like to wish all our swimmers who are either leaving primary school, Secondary School the best of luck.

A special mention to our 16+ swimmers who will be anxiously waiting for GCSE or A Level results. Good luck and remember that your results do not define who you are, and we already think you are all brilliant!

For those who are leaving MASC. Please ensure that you have completed your leavers form with membership. We are always here, and we wish you the best of luck and success for your future endeavours.



**Roll on the 2024/2025 Swimming season, Enjoy your summer break.**